

Thursday, 19 March 2026



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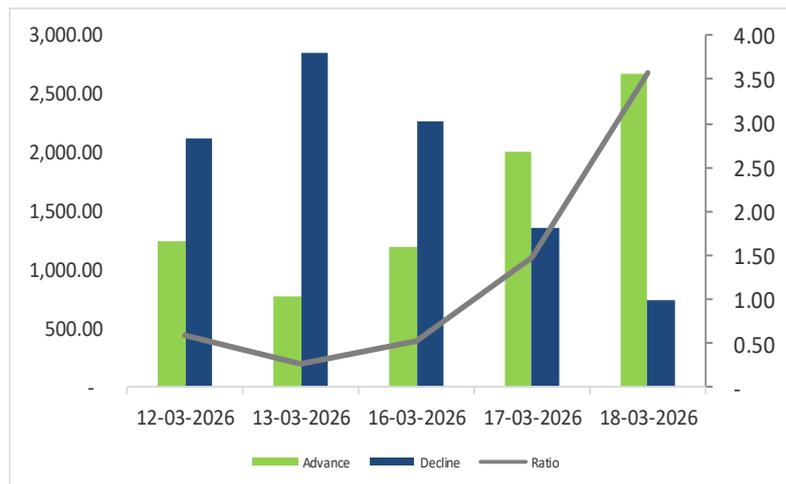
### Sector Performance

Indices	Last Close	% Change	20 - Days EMA	50 - Days EMA	100 - Days EMA	200 - Days EMA
Nifty Smallcap 100 Free	16179.15	1.67%	16968.03	17264.46	17508.48	17595.49
Nifty MidCap 50	15983.45	2.09%	16882.33	16965.13	16863.52	16517.12
Nifty Auto	25598.85	1.92%	27317.45	27409.44	27001.1	26005.16
Bank Nifty	55326.05	0.82%	59558.55	59219.73	58383	56802.27
Nifty Energy	36141.95	0.45%	35041.21	35011.91	35112.01	35258.03
Nifty Financial Services	25927.35	0.79%	27419.73	27407.26	27212.92	26607.61
Nifty FMCG	48079	-0.05%	51652.26	52942.6	53946.56	54764.15
Nifty IT	29559.3	2.78%	37710.75	37731.13	37366.78	37351.09
Nifty Pharma	22632.6	0.16%	22047.24	22277.69	22302.12	22117.4
Nifty PSU Bank	8661.95	0.76%	8806.05	8603.41	8255.62	7762.85
NIDFENCE	8092.4	1.01%	7841.5	7837.91	7856.99	7695.88

### Volume Shockers

Symbol	Total Traded Quantity (in Lakhs)	Close Price	1- Week Avg Volume (% Change)
URBANCO	1393.25	121.66	4.96
TRIDENT	1367.89	24.40	4.93
MMTC	1257.07	63.79	5.71
JBMA	442.87	590.60	5.79
UGROCAP	142.29	96.10	4.33
ASAHIINDIA	112.10	857.20	5.90
ROUTE	96.72	478.60	5.46
OLECTRA	87.95	1033.15	4.96
SINDHUTRAD	86.89	24.80	4.04
TIRUMALCHM	56.16	181.86	4.12

### NSE Advance – Decline Ratio



### Technical View – NIFTY (23,777.80)

NIFTY [N59901]23777.80, 0.83%  
Price Avg(E,20) Avg(E,50)



#### Observations

- Stepping into the market at 23,632.90, NIFTY50 hit an intraday high of 23,862.25 to close the day in green 0.83% up at 23,777.80 as it extended the higher high – higher low structure for yet another session. Value buying across various strong sectors such as IT, recued volatility and steady domestic investor buying all acted as contributing factors for the benchmark index to close higher amid broader positive investor sentiment. The sharp gains in IT sectors supported this recovery massively as top IT stocks dominate the gainers list.
- On the daily timeframe, NIFTY presented a bullish candle with an upper shadow and little to no lower shadow as the price moves upwards yet stays beneath moving averages. Again, the benchmark index’s histogram showed fading weakness as the MACD line at -541.36 is shifting upwards but remains in a bearish crossover. The momentum indicators, RSI finally portrayed a bullish crossover as the line crossed the reference line from below it. In conclusion, broader trend signals continued weakness as sustained price action over the key averages and stronger positive strength from the momentum indicators is required to support the bulls however weakness continues to fade as the index shows early signs of stabilization.
- Looking at the levels, it appears that 24090 is performing as a significant resistance level for the Nifty. On the higher side, though, 23875/23904/23997 levels will act as a resistance area for the NIFTY. If we look at the lower side, support is located at 23631/23602/23509 and 23416 levels.

20 – Days EMA	50 – Days EMA	100 – Days EMA	200 – Days EMA
24420.63	25025.75	25255.72	25114.87

### Technical View – BANK NIFTY (55,326.05)

BANKNIFTY [N59906] 55326.05, 0.82%  
Price Avg(E,20) Avg(E,50)



#### Observations.

- On the 18th BANKNIFTY began trading at 54,927.05 as the index recorded a 55,554.15 high and a 54,689.10 low as it closed up at 55,326.05, rising 0.82%. The banking index continued its recovery with strong buying pressure throughout the session in both public and private banking sectors as both rose 0.76% and 0.88% each. Trading volume on the other hand carries on sliding even though strong buying participation is severely essential to support the rally.
- A medium sized bullish bodied candle having shadows on both ends was seen forming on BANKNIFTY’s charts under the key downward- sloping averages of 20,50,100 and 200-day. MACD histogram severely shrank to -448.07 as the MACD line moved upwards yet remains below the Zero and Signal line. RSI rose to 35.11 and is just on the verge of a bullish crossover after rebounding from the oversold levels. Thus, weakness in momentum has eased with improving momentum but the broader trend indicates downtrend as further strong confirmation is still required.
- Collectively, these factors reinforce a constructive outlook for the index in the near term. Looking at the levels, it appears that 55622 is performing as a significant resistance level for the Nifty. On the higher side, though, 55724/56055/56385 levels will act as a resistance area for the NIFTY. If we look at the lower side, support is located at 54757/54655/54325 and 53994 levels.

20 – Days EMA	50 – Days EMA	100 – Days EMA	200 – Days EMA
57449.91	58620.59	58487.96	57262.53

## NIFTY Futures (Monthly Expiry) - Snapshot

Particulars	Spot	Futures	Prem. / Disc.	Futures OI (% Change)	PCR OI	PCR VOL
Current	23778	23774	-3.40	-1.76	1.19	1.06
Previous	23581	23613	31.85	-3.38	1.12	1.02
Change (%)	0.83	0.68	-	-	-	-

### Long Build Up

Scrip	Last Close	Price Change (%)	OI Change (%)
WAAREENER	3193.1	10.50	5.31
ANGELONE	235.29	8.69	6.47
NBCC	88.37	5.96	2.03
CAMS	660.05	3.96	2.16
PERSISTENT	4689.8	3.62	1.54

### Long Unwinding

Scrip	Last Close	Price Change (%)	OI Change (%)
SOLARINDS	13694	-2.39	-3.74
NATIONALUM	387.45	-1.91	-2.85
COALINDIA	455.5	-1.53	-2.20
NTPC	379.45	-1.16	-2.11
SUNPHARMA	1781.6	-0.88	-1.21

### Short Build-up

Scrip	Last Close	Price Change (%)	OI Change (%)
VEDL	676.55	-2.69	0.52
HINDZINC	538.05	-1.65	2.75
HINDUNILVR	2140	-1.13	1.93
CIPLA	1271.4	-1.01	1.96

### Short Covering

Scrip	Last Close	Price Change (%)	OI Change (%)
COFORGE	1131.4	5.33	-1.78
MANAPPURAM	270.8	5.29	-1.21
PAYTM	1075.5	5.29	-3.78
JIOFIN	248.05	4.24	-2.83
DIXON	10714	4.01	-1.34

## FII Holdings (OI) – Long Short Ratio

Products	Long	Short
<b>Index Future</b>	<b>14%</b>	<b>86%</b>
Stock Future	58%	42%
<b>Index Options</b>		
CALL	43%	57%
PUT	63%	37%
<b>Stock Options</b>		
CALL	42%	58%
PUT	56%	44%
Total	55%	45%

## Highest OI – CE

Strike Price	Highest OI
26000	5900775
25000	5164240
24000	4255720
24500	4000490
25500	3195660
27000	2786880
26500	2029365
23500	2013960
23800	1695720
28000	1580620

## Highest OI – PE

Strike price	Highest OI
23000	5369610
20000	5054480
22000	4309330
24000	4052770
23500	3749980
21000	3555815
26000	3535525
25000	3422515
22500	2250170
23800	2120625

**F&O Ban for Today: SAIL & SAMMAANCAP**

## Pivot Point Indicators - (Equity)

Sr.no	Symbol	Close	R2	R1	PP	S1	S2
1	ADANIENT	2008.00	2050.53	2028.13	2005.73	1983.33	1960.93
2	ADANIPTS	1401.80	1437.33	1415.33	1393.33	1371.33	1349.33
3	APOLLOHOSP	7460.00	7656.33	7581.58	7506.83	7432.08	7357.33
4	ASIANPAINT	2260.00	2294.80	2273.90	2253.00	2232.10	2211.20
5	AXISBANK	1250.90	1280.83	1262.93	1245.03	1227.13	1209.23
6	BAJAJ-AUTO	9229.00	9369.33	9293.58	9217.83	9142.08	9066.33
7	BAJFINANCE	882.95	914.12	896.24	878.37	860.49	842.62
8	BAJAJFINSV	1790.00	1820.67	1804.17	1787.67	1771.17	1754.67
9	BEL	442.00	450.67	447.04	443.42	439.79	436.17
10	BHARTIARTL	1855.00	1892.47	1871.37	1850.27	1829.17	1808.07
11	CIPLA	1266.70	1298.50	1286.05	1273.60	1261.15	1248.70
12	COALINDIA	457.20	470.07	463.24	456.42	449.59	442.77
13	DRREDDY	1286.90	1307.97	1298.37	1288.77	1279.17	1269.57
14	EICHERMOT	7016.00	7115.33	7066.83	7018.33	6969.83	6921.33
15	ETERNAL	242.75	249.18	244.59	240.00	235.41	230.82
16	GRASIM	2716.00	2758.07	2734.97	2711.87	2688.77	2665.67
17	HCLTECH	1358.00	1406.20	1380.25	1354.30	1328.35	1302.40
18	HDFCBANK	842.00	855.33	847.73	840.13	832.53	824.93
19	HDFCLIFE	642.35	649.85	646.35	642.85	639.35	635.85
20	HINDALCO	931.80	946.47	938.77	931.07	923.37	915.67
21	HINDUNILVR	2134.50	2191.70	2169.05	2146.40	2123.75	2101.10
22	ICICIBANK	1292.00	1312.93	1299.78	1286.63	1273.48	1260.33
23	ITC	304.00	308.27	306.54	304.82	303.09	301.37
24	INFY	1266.70	1320.03	1292.08	1264.13	1236.18	1208.23
25	INDIGO	4361.10	4483.70	4419.95	4356.20	4292.45	4228.70
26	JSWSTEEL	1173.00	1196.40	1184.40	1172.40	1160.40	1148.40
27	JIOFIN	248.50	258.20	251.93	245.65	239.38	233.10
28	KOTAKBANK	375.15	380.25	377.33	374.40	371.48	368.55
29	LT	3602.00	3682.40	3640.50	3598.60	3556.70	3514.80
30	M&M	3212.10	3292.23	3244.18	3196.13	3148.08	3100.03
31	MARUTI	13043.00	13239.00	13158.50	13078.00	12997.50	12917.00
32	MAXHEALTH	976.00	976.00	976.00	976.00	976.00	976.00
33	NTPC	379.75	389.98	385.61	381.23	376.86	372.48
34	NESTLEIND	1202.50	1218.63	1211.93	1205.23	1198.53	1191.83
35	ONGC	264.55	268.38	266.56	264.73	262.91	261.08
36	POWERGRID	298.00	306.57	303.24	299.92	296.59	293.27
37	RELIANCE	1407.20	1421.47	1413.62	1405.77	1397.92	1390.07
38	SBILIFE	1961.70	1998.83	1977.48	1956.13	1934.78	1913.43
39	SHRIRAMFIN	1017.10	1038.57	1028.37	1018.17	1007.97	997.77
40	SBIN	1069.00	1082.67	1075.62	1068.57	1061.52	1054.47
41	SUNPHARMA	1781.50	1818.37	1802.47	1786.57	1770.67	1754.77
42	TCS	2439.00	2516.87	2480.42	2443.97	2407.52	2371.07
43	TATACONSUM	1071.00	1091.93	1083.33	1074.73	1066.13	1057.53
44	TMPV	324.00	335.00	329.85	324.70	319.55	314.40
45	TATASTEEL	195.00	198.13	196.50	194.87	193.24	191.61
46	TECHM	1382.70	1437.63	1407.43	1377.23	1347.03	1316.83
47	TITAN	4151.00	4231.53	4183.03	4134.53	4086.03	4037.53
48	TRENT	3634.00	3757.33	3707.83	3658.33	3608.83	3559.33
49	ULTRACEMCO	11225.00	11380.33	11294.83	11209.33	11123.83	11038.33
50	WIPRO	194.22	200.28	197.63	194.97	192.32	189.66

PP – Pivot Point, R1 – Resistance1, S1 – Support, R2 – Resistance2, S2 – Support2: How to trade Pivot points: If the stock opens above PP then go Long and Keep S1 as the stop loss for a possible target of R1/R2. If the stock opens below PP then go short and Keep R1 as the stop loss for a possible target of S1/S2.

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